Healthy employees make good business sense.

With recent changes in healthcare and the emphasis on employee wellness, you may need a more optimal way to promote a healthy workplace for your greatest assets.

That's where your YMCA steps in.

Happy Employees

We're a national leader in advancing health and wellness in the communities we serve.

MEMBERSHIP WITH MEANING

Corporate Membership YMCA OF THE INLAND NORTHWEST

Healthy Workplace



Partners for Good





LET US BE YOUR PARTNER IN WELLNESS



You belong at the Y – Membership is easy as 1,2,3! Bring: Proof of employment, pay join fee and prorated fee to activate monthly membership.

Corporate wellness begins with a healthy outlet

Set a plan and the YMCA team will come alongside you to build new healthy habits, encourage you along the wellness journey and support your dedication to build a healthy spirit, mind and body.

Membership Type Young Adult (19–29)	One-time Join Fee* \$27.50	Monthly Dues'
		\$62.10
Adult	\$27.50	\$73.80
Senior Adult	\$27.50	\$62.10
1 Adult Family	\$27.50	\$86.40
2 Adult Family	\$40.00	\$109.80
2 Adults (no dependents)	\$40.00	\$92.70
Senior Family	\$40.00	\$87.30
	1 Adult Family 2 Adult Family 2 Adults (no dependents) Senior Family	1 Adult Family\$27.502 Adult Family\$40.002 Adults (no dependents)\$40.00



1 membership – 5 local branches + Nationwide Membership benefit Your Y membership gives you access to all our branches with a variety of features to keep you active and connected.

Membership Facility Features	Central Spokane Y	North Spokane Y	South Spokane Y	Spokane Valley Y	Litehouse YMCA
Cardio with personal viewing screen	X	x	X	X	x
Child Watch Center	X	X	X	Х	X
Climbing Wall		Outdoor		Indoor	
Disc Golf Course		x			
Family Activity Center	X	X		Х	
Free weights/Strength Equipment	X	x	x	Х	X
Greenhouse/Garden		Х		Х	
Group Exercise Studio	x	Х	х	Х	Х
Group Exercise Pool	X	Х		Х	X
Gymnasium	X	x		Х	Small Court
Hiking/Walking Trails		X		Х	
HydroMassage					X
Indoor 25 Yard Lap Pool	X	X		Х	X 25 meters
Indoor Lazy River		x			
Indoor Recreational Pool		Х		Х	Х
Indoor Wading Pool	X	x		Х	
Indoor Warm Therapy Pool	X				
Indoor Water Play Feature	X	x		Х	
Indoor Water Slide				Х	
Jacuzzi/Hot Tub	X	х		Х	Х
Outdoor Basketball Courts		Х		Х	Х
Outdoor Pavilion		x		Х	
Pickleball Court	Indoor	Indoor		Indoor	Outdoor
Racquetball Courts					Х
Sauna	X	Х	Х	Х	Х
Skate Park				Х	
Small Group Training Area		Х	Х		Х
Steam Room	x				Х
Teen Center/Youth Activity Center	X	X	X	Х	



For more information: Carrie Clanton, Corporate Relations Director 509 777 9622 x4440 | cclanton@ymcainw.org